



TheHorseCourse

Referral / Outcomes / Feedback Star

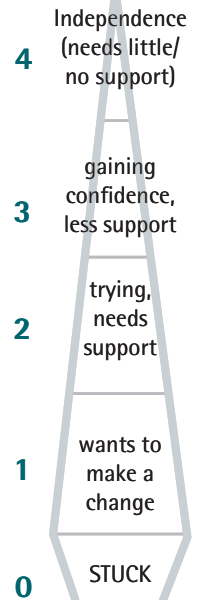
Name:

Referred by:

Star filled in by:

Date:

SCORING



Assertiveness

Able to be boundaried & assertive, without getting aggressive or upset

needs less support

trying to be assertive without aggression

recognises problem

ineffectual OR aggressive

refuses / drops out

One way / none

doesn't think

impulsive/ anxious

wants to make a change

trying strategies, needs support

gaining confidence, less support

Calmness

Has the habit of calmness and knows how to create it, even in difficult situations

Focus & Perseverance

Works towards goals despite setbacks

needs less support

gets distracted, needs support

gives up easily

non starter

overly blames others or situation

heartless OR shut down

wants to make contact

noticing needs of others

responding appropriately sometimes

Taking Responsibility

Taking full responsibility for own thoughts, emotions and actions. Allowing others to make their own choices.

getting confident

taking some responsibilities

thinking about it

STUCK

One way / none

wants to communicate

listening well & trying to be clear

getting confident

Two way, respectful, assertive communications. Has language to talk about thinking and emotions

Communication & Language

Engagement (Confidence as a Learner)

Enthusiastically takes on new challenges, pushes limits whilst also taking care of own confidence

gaining confidence, with less support

trying to learn

blocks teacher

Realistic Analysis & Planning

Stops to think before acting, makes a realistic assessment of situations and plans accordingly

gaining confidence, less support

trying, with support

poor planning / unrealistic basis

doesn't think

heartless OR shut down

wants to make contact

noticing needs of others

responding appropriately sometimes

Relating to Others / Empathy

Sees the needs of others, offers care and support, feels closely connected